

Programs & Services

- **Education**
- **Individual assistance**
- **Emotional health**
- **Physical wellness**
- **Advocacy**
- **Housing and resident support**
- **Volunteer opportunities**
- **Clinic support**

Programs & Services

Education

- **The Minnesota Chapter offers countless ways to learn about MS.**



National
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Minnesota
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Education

- Information and resources
- Presentations
- Public education displays and speakers
- Education booth at State Fair
- Professional CEUs and CMEs
- Conferences
- Annual Convention



National
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Education

- Web site
- Teleconferences
- Learn Online
- Newsletters
- E-newsletters
- Lending library



National Multiple Sclerosis Society - Minnesota: National Multiple Sclerosis

http://main.nationalmssociety.org/site/PageServer?pagename=mmm_homepage

NATIONAL SITE ABOUT MS LIVING WITH MS TREATMENTS RESEARCH NATIONAL NEWS FOR PROFESSIONALS

MINNESOTA CHAPTER

200 12th Avenue South
Minneapolis, MN 55415
phone: 612-335-7900
1-800-650-2396

Christopher & Banks MS Walk presented by Anchor Bank

connection

National MS Society, Minnesota Chapter March 2007

In this issue ...

- Featured article - Get ready for MS Awareness Week
- Register for the Christopher & Banks MS Walk presented by Anchor Bank
- Property tax credit for people with disabilities
- Escape to Paradise - Women's Getaway
- Travel Tips
- Learn about accessible condominiums in the Twin Cities
- Pain and sensory symptoms in MS

Register for the Christopher & Banks MS Walk presented by Anchor Bank

More than just a fundraising event, the Christopher & Banks MS Walk presented by Anchor Bank is a celebration for an entire community. Donations fund countless programs, services and research, but the event itself creates a hope-filled atmosphere for everyone affected by MS while generating a greater awareness of multiple sclerosis in the community. Help bring us one step closer to a cure in one of 16 cities in Minnesota and western Wisconsin.

Register for the Christopher & Banks MS Walk presented by Anchor Bank

Property tax credit for people with disabilities

If you qualify as disabled and own and live in your home, or a disabled relative lives in your home, you may be eligible for a decrease in your property taxes. Special Homestead Classifications exist for persons who are permanently and totally disabled or blind.

You may qualify to receive a decrease in your property taxes if you meet the following criteria:

- You must be totally and permanently disabled.
- You must be able to provide proof of disability, such as

Get Ready for MS Awareness Week

Monday, March 5 kicks off a week of activities and opportunities for raising awareness of multiple sclerosis. Throughout the week the Minnesota Chapter will keep you in the loop by sending e-mails about exciting activities in your community, chapter news, profiles of people who are joining the movement, pictures from the week's events, links to educational opportunities and more.

Are you are looking for a unique and easy way to get involved during MS Awareness Week?

Consider being part of a street team on Wednesday, March 7. You can be part of a group that will pass out stickers, fliers and brochures to engage people in the movement to end MS. There are several opportunities to get involved in the Twin Cities. Contact Jenna at jenna@movement@mssociety.org or 612-335-7951 for more information.

Upcoming programs

MS Basics for Newly Diagnosed

myMSmyWAY

My MS My Way can help you use technology to take greater control of your life and health. [Learn more.](#)

Allianz MS 60/30 Bike Tour

Your bike is the star. Your drive is the answer. Ride 60 or 30 miles to end MS. [Register now.](#)

I'm making a difference

JOINING THE MS MOVEMENT

Every time you have an IM conversation using Windows Live™ Messenger, Microsoft will donate a portion of its advertising revenue to National MS Society. join.ms.movement.com

MS

National Multiple Sclerosis Society Minnesota Chapter

Programs & Services

Individual Assistance

- **The Minnesota Chapter understands and meets the challenges of MS by providing unique services.**



National
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Individual assistance

- Financial support
 - Independent living
 - Aids for daily living
 - Chore services
 - Respite
 - Emergency
 - Equipment exchange
 - Loan pool
 - Scholarships
 - Individual counseling



Safari File Edit View History Bookmarks Window Help
Client Programs: Equipment Exchange
http://www.nationalmssociety.org/MNM/event_detail.asp?e=6417

NATIONAL MULTIPLE SCLEROSIS SOCIETY
Minnesota Chapter

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info@mssociety.org

What's New

- Client Programs
 - Program Calendar
 - Advocacy
 - Advocacy and Information
 - Aids for Daily Living Subsidy
 - Apply for Federal Disability Benefits Online
 - Balance and Fall Prevention
 - Book Clubs
 - Champions Against MS Volunteer Opportunity
 - Chore Services Subsidy Program
 - Clinical Trials
 - Emergency Assistance
 - Equipment Exchange
 - Exercise
 - Facilitator e-Connection
 - Getting There
 - Independent Living Subsidy Program
 - Keep SMovin'
 - Kindest Commons

Client Programs: Equipment Exchange

MS Society members are not required to purchase equipment from vendors or individuals listed on this Web site to be eligible for funding. Equipment may be purchased from vendors or individuals of your choice.

Place your equipment for sale on this exchange board. Items will be deleted after 30 days or when seller notifies the chapter that a sale has been made.

If you are interested in acquiring a piece of equipment listed on this page, you must contact the seller directly.
Items as of 1/05/07

Page 1		Page 2	
Ambulation & Walking		Seating & Positioning	
Ramps & Lifts		Transportation	
Bath Safety		Rehab Exercise	
Daily Living Aids		Wheel Chairs & Scooters	
Item	Description	Asking Price	Contact
Walker	3-wheel walker	Free	Phil Guise 763-712-0324
Walker	4-wheel walker, cushion seat, basket, brakes	Free	Susan Hinrichs 612-769-5582
Walker	4-wheel walker	Free	Joanie Lindquist 952-226-3508
Guardian 5360 Cane	Aluminum cane, adjustable height, straight hand grip, duro-matic ice attachment	\$15	Warren Nilsson 612-866-3922 (nights & weekends)
Safe-T-Walker	Non-folding aluminum walker, 3" wheels	\$15	Warren Nilsson 612-866-3922 (nights & weekends)



National Multiple Sclerosis Society
Minnesota Chapter

Individual assistance

- Social work support
 - Call-in/walk-in/E-mail
 - Assistance with Medicare Part D, insurance and other benefit programs
 - Work with county case manager
 - Assistance to set goals or plan
 - Customized search for resources



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Individual assistance

- Telephone consultations
 - Family law
 - Employment
 - Financial planning
- Mentor Program



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Programs & Services

Emotional Health

- **The chapter offers programs to empower and support all family members impacted by MS.**



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Emotional health

- Self-help groups
 - Mom's with young children
 - Artist, crafters & writers
 - Care partners
 - Many more
- Book clubs



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Emotional health

- Family programs
- MS Youth Camp



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Emotional health

- Majestic Shores
(formerly known as MS Camp)
- Getaways
 - Men's
 - Women's
 - Care partner
 - Family



MS[™]

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Programs & Services

Physical wellness

- The chapter provides fun and accessible ways to maintain physical health.



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Physical wellness

- Water exercise
- Yoga
- Fitness Clubs
- Bike club



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Programs & Services

Advocacy

- **The chapter leads government relations and public policy efforts to create change for people affected by MS.**



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Advocacy

- Health care
- Transportation
- Housing
- Accessibility
- Tax credits for caregivers



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Programs & Services

Housing and resident support

- **The Chapter collaborates with partners to provide housing options and resources based on income and care level needs.**



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Housing and resident support

- Kingsley Commons
- Accessible condos and apartments
- Referrals to housing options
- Nursing home and assisted-living staff in-services



Van Cleve Redevelopment
Minneapolis, MN 10.08.2008

Site Plan
1

Brantingham
Architects, Ltd.



PPL
Building futures for over 30 years



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Programs & Services

Volunteer opportunities

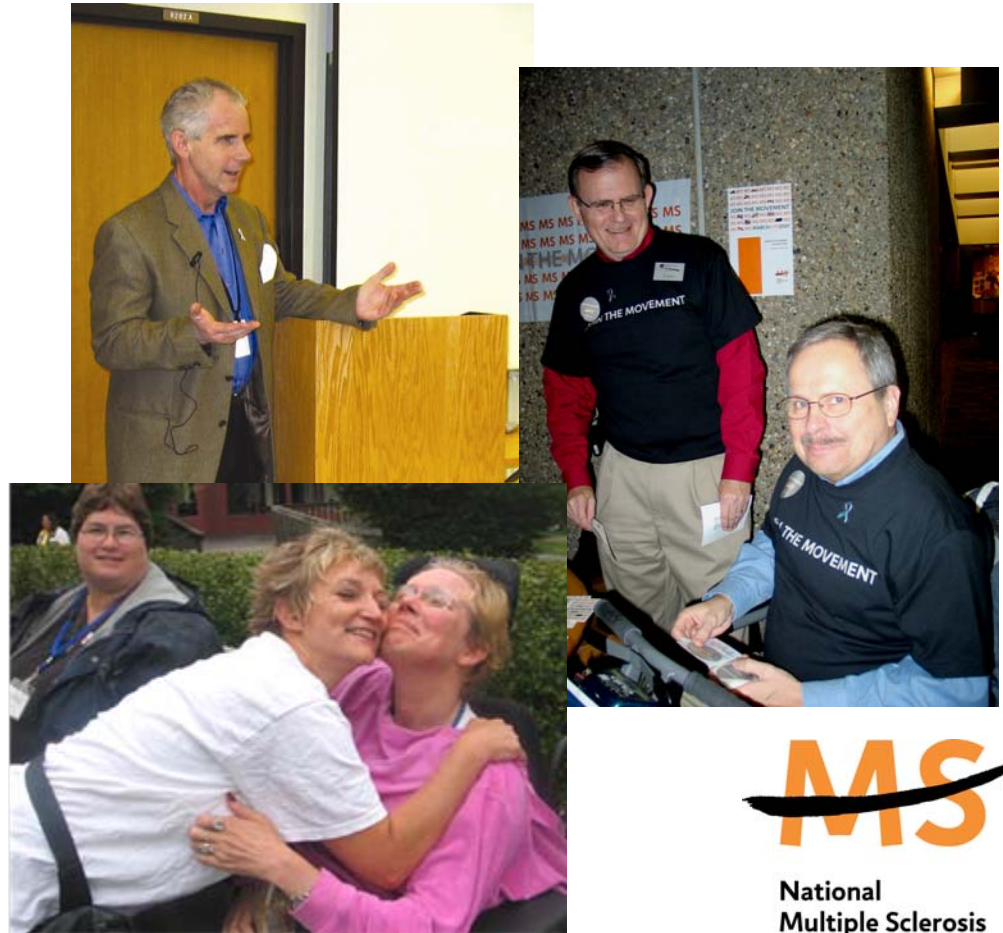
- **Volunteers are central to our activities and we are engaging everyone who wants to do something about MS now.**



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Volunteer opportunities

- Office
- Public education
- Speakers Bureau
- Program support
- Camps
- Getaways
- Committees
- Expert consultation or presentation



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Programs & Services

Clinic support

- **The chapter strives to improve the quality of and access to healthcare, as well as, prevent erosion of service and attract MS specialists.**



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Clinic support

- Community Grant program
- Social work support
- Healthcare relationships
- Clinical affiliations



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Questions?

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National Multiple Sclerosis Society, Minnesota Chapter

200 12th Avenue South

Minneapolis, MN 55415

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- 1-800-582-5296
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